

# THE TEAMS

## NORWICH CITY TOTTENHAM

KEVIN KEELAN	1	BARRY DAINES
KEVIN BOND	2	TERRY NAYLOR
IAN DAVIES	3	DON McALLISTER
JOHN RYAN	4	JIMMY HOLMES
PHIL HOADLEY	5	JOHN LACY
TONY POWELL	6	STEVE PERRYMAN
JIMMY NEIGHBOUR	7	JOHN PRATT
KEVIN REEVES	8	OSVALDO ARDILES
RICHARD SYMONDS	9	COLIN LEE
PETER MENDHAM	10	GLENN HODDLE
MARTIN PETERS	11	PETER TAYLOR
	12	Villa (for Ardiles)

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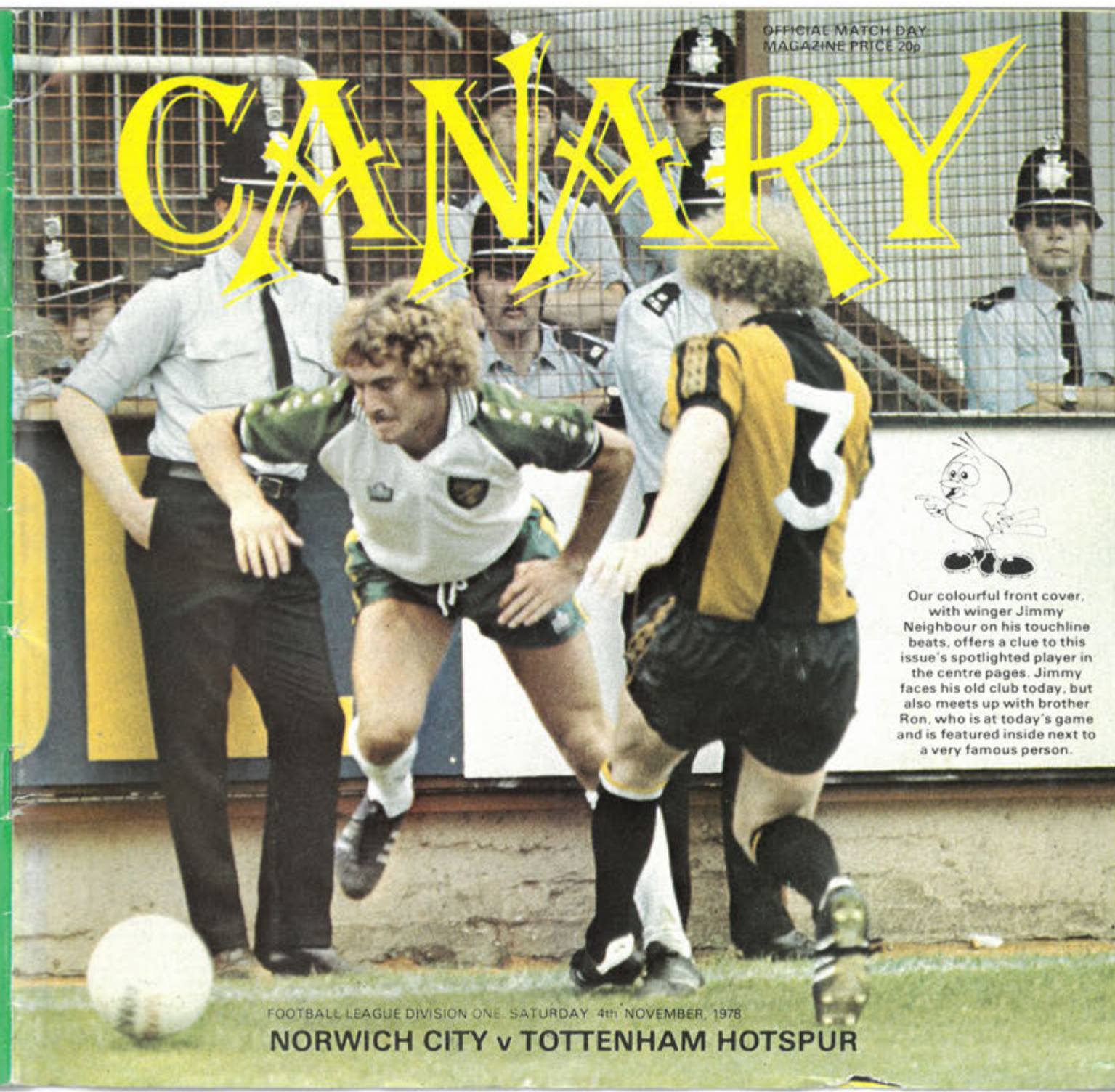
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also meets up with brother  
Ron, who is at today's game  
and is featured inside next to  
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FOOTBALL LEAGUE DIVISION ONE. SATURDAY 4th NOVEMBER, 1978

**NORWICH CITY v TOTTENHAM HOTSPUR**

# SCENE SETTER

Few sides have endeared themselves to soccer's public, with more affection, than today's visitors. Purveyors of the arts and an example to the game, Tottenham Hotspur have been a team full of glittering appeal for many years in the past and, judging by the make of the current Keith Burkinshaw squad, for many more to come.

It takes courage and underlines the measure of their ambitions, to make the huge capital outlay Spurs decided upon when they swooped to sign two of Argentina's World Cup stars, Ardiles and Villa, for three-quarters of a million.

It takes confidence and class in a team's ability to overcome the embarrassment and damage that a

crushing defeat by Liverpool, two months ago, caused at White Hart Lane. Now after an impressive 2-0 win before 37,000 fans last Saturday, Spurs continue to climb the First Division ladder.

The magic attraction of the two South American imports is gradually repaying the summer gamble and their class is rubbing off on the rest of the team. Glen Hoddle is an elegant midfield based striker, Steve Perryman brings bite and aggression to the graft behind the attack. Norwich has a personal spot in Hoddle's career because his glowing talents were first sprayed around White Hart Lane against the Canaries when he made his League debut as a substitute in August 1975.



Back row: Chris Jones, Ricardo Villa, Colin Lee, John Lacy, Ian Moores, Glenn Hoddle, Gerry Armstrong, Middle row: Pat Welton (Ass. Manager), Jim Holmes, John Duncan, Mark Kendall, Barry Daines, Don McAllister, Terry Naylor, Keith Burkinshaw (Manager), Front row: Osvaldo Ardiles, Peter Taylor, John Gorman, Steve Perryman (Captain), John Pratt, Mike Stead, Neil McNab



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# JOHN BOND

Contrary to some press reports I was not really unhappy at the manner in which the referee conducted our game against Chelsea last week — by comparison he deserved a chest full of medals when matched with the official who caused so much consternation in our last home game against Leeds.

With Martin Chivers still missing, one of my main problems has been to get the side to effectively operate while he is absent, and each week that goes by without him makes a growing responsibility. He was with us for the first eight matches of the season and during that time the majority of our performances brought the club a great deal of satisfaction and belief that we might establish a high position in the table.

In the five League games without Martin we have drawn two, lost twice and only taken both points against Derby in the first game he missed. Perhaps that result hid the importance to the side of the big fella up front, but there is no doubting in my mind that subsequent performances would have been up to a better standard with him in the attack.

I have tried different players, different ideas and listened to well meaning advice, but the truth is we have not successfully replaced him. Last week at Chelsea, in an attempt to crack our jinx away from home, the side played without a recognised central striker. The result was not a happy one,



because I could see flashes of confusion, particularly among the younger lads, in certain situations that arose because of the system.

We tried it — and it didn't work. True, it was not a complete failure because after all said and done, the team took an important point and, to be absolutely fair to the side, they deserved to win because I don't think I shall see any side again this season score two more fortunate goals than Chelsea did.

The one was an unbelievable freak — from such an angle that you could even take away the goalkeeper and it would not make it any easier to score. But time's getting on, and the side, despite all the hard work that still goes into training and planning, etc., have gone four League matches without a win.

I know what suits this team best — and that is all round attack football. I experimented with some well devised thoughts for last week, but they are now shelved for we are going back to the methods we know best and those that we trust in to bring us our bread and butter. The youngsters who have been introduced to the side have in no way let us down. In fact I have been impressed all the way along the line and I believe that we can all expect to see those that I have chosen to depend upon again this afternoon fulfilling their obligations like true, mature professionals.

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# A LITTLE BIRD TOLD ME

## PETER'S PROGRESS . . .

Such has been the rapid progress of locally born Peter Mendham — a single reserve team game at the end of last season to first team recognition right now — that it would surprise nobody at Norwich if England Under 21 honours were the next step. The lad from Kings Lynn appears to have leap-frogged the Football Combination stage with a rate of development that has brought Peter zooming through to form a midfield partnership with the best tutor he could ever have picked, Martin Peters. If this young soccer scholar has learned rapid so far, he can expect to acquire some of the finer attributes of the First Division standard just as quickly playing alongside the club skipper.

Peter only signed professional terms a couple of months ago, played a short burst with Mel Machin's Combination side before progressing to John Bond's sub's bench and got that wonderful experience of stepping into a First Division game for the first time when he went on against Derby for Keith Robson.

Games against Chelsea, Liverpool and Middlesbrough passed Peter by, but it was only a matter of time before his talents demanded an opportunity and that came in full a fortnight ago against Leeds, with another to follow last week against Chelsea. Last Saturday at Stamford Bridge was also a debut celebration for Richard Symonds, another product of the Norwich youth policy and another example of what the youngsters can achieve.

## SIDELINED . . .

Roughly ten years ago Martin Chivers suffered the unhappy situation of sitting out a game of first class soccer for a full year before a serious knee problem cleared up.

Today, if Martin can stand it, while former Spurs colleagues Jimmy Neighbour and Martin Peters get involved against Tottenham, City's gentle giant will be missing the 90 minutes action, and that might seem like another ten years to him. After the first eight games of the season, which formulated quite a bright opening spell for City, Martin went down with an achilles tendon injury, something he has never suffered from before and doesn't want again. "It first came against Birmingham and then it was worst at Bolton," Martin's last match. "With treatment and rest it seemed to have disappeared and I was hopeful of getting back for the Leeds game but, under strain, it came back again," said the big No. 9.

This week Martin travelled from his London home to be accompanied to Norfolk & Norwich hospital and fully expected to have the foot and heel completely immobilised in plaster. A fortnight ago, for the match against Leeds, with his wife and youngster in the official guest room, Martin impressed those watching the horseracing on television when telling those around him a good-priced winner — before the race. It struck at 9-1 and even racing enthusiast John Sainty would have been proud of that one. The name of it —

## Swiss Maid!

With that kind of form, Martin may not be too despondent while he kicks his heels waiting, as we all are, for that injury problem to heal so that we can enjoy some more of those super headers!

## HANDS OF PEACE . . .

Catching on fast among the fans is Ken Brown's communication idea of presenting true soccer supporters with something that can help identify them from the troublemakers. Ken's recent visit to a Northern fixture resulted in the distribution of proud little keepsakes for the genuine youngsters on the terraces before the last home game against Leeds. "They are little things in a kind of glove form which we give away as a link between the club and our loyal followers. We got a pat on the back for it in the press and our "Hands of Peace" were also given out at Chelsea last Saturday. If we've got any more for today's match, our marshalls will be out in the crowd before the kick-off again."

## BIRTHS COLUMN . . .

Latest news on the Baby Boom is that Norfolk's population is due to expand next April — and no blame can be put on any of the players this time. It's a happy event ahead for Sally Bird — no relation to our affectionate Tweet — and this we know because "a not-so-little-bird", from the Promotions Office, told us so. That's Sally's husband Mike Bird, a six-foot member of the Mac Mackay team. So it's going to be "Bingo"

and a bonny youngster for the Bird's next Spring.

## SELL-OUT

There must be something magic about the quality and contents of the new Canary magazine because once again, we are pleased to reveal that our issue for the last home game against Leeds was another sell-out! That brings it up to three out of six for the Saturday games this season. Sales are way above the level of last season and we are, indeed, very pleased at the demand shown for the Martin Peters Testimonial Match Magazine that proved so popular that if you have invested in one of Martin's souvenir books, you now have a collectors item — because orders are still coming in — but there's no more left.

## TWEET TOPS . . .

No doubt you have spotted some dazzling new colour around the ground today, those bright yellow TWEET TOPS that the Canary magazine sellers and ball boys are wearing. The TWEET canary is fast becoming a popular character with the Carrow Road fans, a bright chirpy little fellow who tries to put a smile in soccer. The lads today are sporting these exclusive tops for the first time and if you want to find out how to obtain one it's quite simple — turn to MACS PAGE for all the details. They will be super presents for fans of all ages at Christmas and its rumoured that if you spot him, even Santa Claus will be wearing one!



RICARDO VILLA AND OSVALDO ARDILES, KEY FIGURES IN ARGENTINA'S WORLD CUP TRIUMPH, AND NOW DRAWING IN THE CROWDS IN ENGLAND.

Tottenham gave English football its biggest shot in the arm for years with their sensational signing of Argentinian aces Osvaldo Ardiles and Ricardo Villa. Manager Keith Burkinshaw pulled off a breathtaking coup when he flew to South America and splashed out £750,000 for the players who had helped win the World Cup for Argentina. In the process they had captivated millions of television viewers around the world.

Ardiles, in particular, had established himself as one of the stars of the Argentinian spectacular and the fact that an English manager had shown the courage to go half-way across the world and sign him was the cause of utter amazement over here.

Naturally enough the arrival of Ardiles and Villa did not meet with unanimous approval in England. The Professional Footballers Association objected to their signing on the grounds it was limiting the employment prospects of their own members.

And there were — and probably still are — people in the game who would be delighted to see the Argentinians fall flat on their faces and be forced to slink back home branded failures — although there seems no chance of that happening now.

The 'knockers' had plenty of chance to gloat early on as Tottenham made a disastrous start to the season. Ardiles and Villa, naturally, took a time to settle into their new surroundings and Spurs' results suffered. Things came to a head at the start of September, when they were knocked out of the League Cup by Swansea — then hammered 7-0 at Liverpool. Burkinshaw took drastic action after that — but it was not aimed at his Argentinian imports, who were showing all the skills and qualities that prompted the Tottenham chief to pay such a vast sum for them.

Burkinshaw shook up the rest of the side, restoring old faithfuls Terry Naylor, John Pratt and Jimmy Holmes and pushing skipper Steve Perryman into midfield. He even left out brilliant youngster Glenn Hoddle for a time. It was not a popular decision with fans who idolised the Engalnd under 21 midfield man.

And as Spurs have improved so little Ardiles has got better and better with each match. Now his wife and children have joined him in England he should really set things alight!

Villa was not quite so lucky. He lost his place through injury and could not get it back, as the side was playing so well. And that must flash a warning to Norwich today. Tottenham must surely be buzzing if they can leave a player of his class on the substitutes bench.

Hoddle also met that fate for a time. But he came on as sub to score the goal that earned Spurs a 1-1 draw against Coventry — and has stayed in the side, as a front player, ever since.

But it's at the back that the biggest transformation has taken place. Tottenham are much tighter now and no longer give goals away like Christmas presents.

This is due largely to the form of Holmes — a Republic of Ireland international. He slotted in alongside centre-half John Lacy — a £200,000 close season buy from Fulham, that brought Tottenham's spending to close on £1 million — and has turned in a string of consistent displays.

Skipper Perryman is providing the aggression in midfield and the strong running Peter Taylor is now showing his best form.

The last time Tottenham came to Carrow Road, two years ago, they were being haunted by relegation fears. And, in fact, they lost their First Division status at the end of the season. But that did not stop them putting on a fine display here to win 3-1. The Canaries will be all out today to avoid a repetition of that.

Tottenham's Second Division sojourn lasted only one season. Since getting back, at the end of last season, they have bought big and acted boldly in a bid to re-establish themselves back in the top flight. It seems as if these moves are paying off and if the current improvement continues the 'glory, glory' days could be back at White Hart Lane.

JACK STEGGLES — *Daily Mirror*

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#### TICKET ARRANGEMENTS

Season Ticket Holders only may apply for their own seat (which will be supplied wherever possible) from 9.15 a.m. on Monday 23rd October, 1978 until 5.15 p.m. on Saturday 28th October, 1978. Postal and personal applications are being entertained. Those applying by post are requested to state their block, row and seat number and personal applications are requested to bring their Season Ticket Book for stamping.

Normal League prices will apply for this match which are as follows:

Block A Enc A	£2.50
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Tickets remaining will be on sale to the general public from 9.15 a.m. on Monday 30th October, 1978. Personal and postal applications will be accepted.

Please note that this is NOT an ALL TICKET match.

# CLUB CALL



Meet Howard Platt — your Carrow Road match-day D.J. and J.C. Howard is the happy character who spins the discs, plays your dedications and generally keeps thousands of football fans accurately informed of what's going on.

If you are asking the same question as hundreds more today — what's the J.C. side of our friendly disc jockey? — the answer is simple. Something of a personal fitness fanatic, Howard is one of the sensible types among us who finds time to don singlet, shorts and suitable footwear and goes jogging around Norfolk to keep in shape.

Whether or not it helps to keep Howard in good voice you can judge for yourselves, but it is a fact that this enthusiast is now a Jogging Champion after entering for the Hyde Park mass-jog. The other day about 11,000 of them took part and if they expected Howard to play records on the way they were disappointed as the "voice" of Carrow Road hit a jogging high-note and won a Gold Award for finishing in the top 15 per cent.

Howard has been socking it to his soccer public for nearly ten years at Norwich during which time he has become established as a professional D.J. in the Norfolk area with regular evenings at Mecca's Sampson & Hercules, The Talk of East Anglia and Tiffanys in Great Yarmouth.

"It has all developed from an interest in music and I suppose the first big stepping stone was joining a local band as a guitar player. It has just mushroomed from that start when I had the good fortune to work with Rod Stewart and Elton John when they were on the way up."

Howard's Entertainments Business has covered the organisation of Pop Concerts for Leo Sayer and The Darts, spots on Anglia T.V. with the experience of being included in sketches with the Goodies comedy team when they filmed in the Norfolk area.

A rugby man at heart, Howard nevertheless likes his football and playing his part to entertain on a Saturday afternoon. "Soccer is another segment of the entertainment world and it is an important part of my full time activities as a professional D.J. Some of the messages and requests I get for Saturday afternoons, however, are not quite professional because often there's no name for whom the dedications should be played."

"But please don't stop writing in" says Howard. Yet, he knows he can rely on one fan in this respect. "I have never met Sheila Bowman, of Swaffham, but I reckon she has had a record played at every match, a dedication for a different person or player each time and to wish Norwich City the best of luck."

Right now Howard is in talks with people planning the introduction of local Radio for the City.



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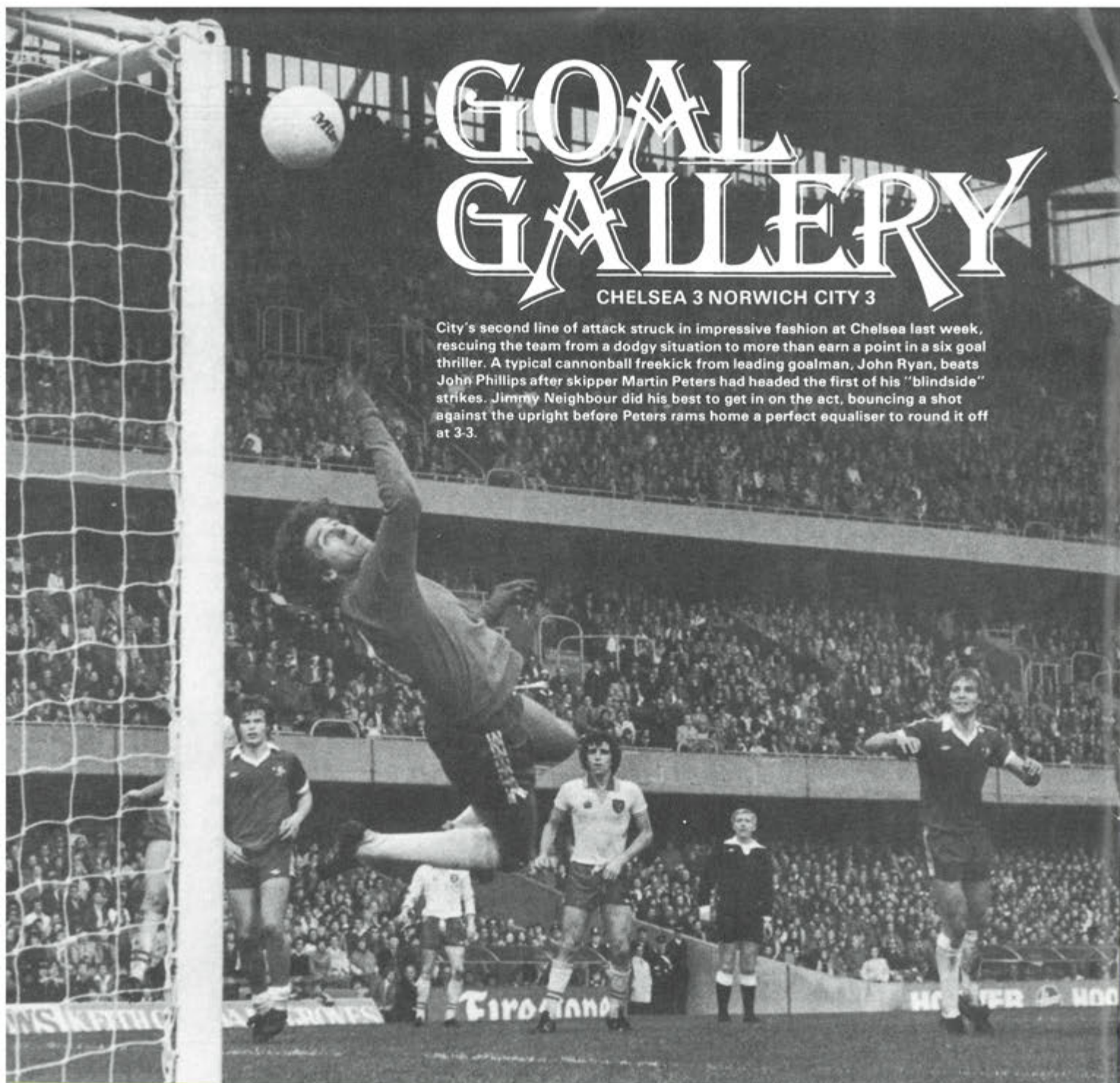
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# GOAL GALLERY

CHELSEA 3 NORWICH CITY 3

City's second line of attack struck in impressive fashion at Chelsea last week, rescuing the team from a dodgy situation to more than earn a point in a six goal thriller. A typical cannonball freekick from leading goalkeeper, John Ryan, beats John Phillips after skipper Martin Peters had headed the first of his "blindside" strikes. Jimmy Neighbour did his best to get in on the act, bouncing a shot against the upright before Peters rams home a perfect equaliser to round it off at 3-3.



GOAL  
GALLERY  
PICTURES  
BY THE  
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AGENCY





## WING WIZARD

In an era of an ever-increasing number of all-purpose players, life for the individuals, who are specialists in a particular role on the pitch, becomes a searching examination every Saturday afternoon.

All too often centre forwards who fail to get goals, wingers who don't stretch defences and goalkeepers who don't cut out crosses before they create havoc, get third-degree treatment in post match inquests.

Because their work revolves around specific duties they are far less likely to avoid critical attention than the multitude of runners, midfield workers, central defenders and flexible full backs that proliferate in the game today.

Jimmy Neighbour, if you haven't already guessed, is the kind of character who slots into the exclusive group of players still around who are a legacy of football when the English style ruled the world. With one job to do, no one is left in any doubt after a match whether Jimmy Neighbour has done his or not.

Toothcomb the performances of the players in other departments whose manual covers a wider field of work during 90 minutes and it is rarely difficult to put a plus sign alongside one aspect of their display.

"The whole basis of my effectiveness can be summed up in one word — service" says Jimmy. "Without that I'm a dead duck. I don't want a 'waiter service' to me on the wing but the lads around me know the score and I hope that the fans can appreciate that I can only begin to justify my part in the team each time the ball is worked through to me."

I am sure the "old timers" on the terraces value the contribution of this touchline artist more than most because he is a throw-back to the exciting days from them when the masterly control and speed such as Tom Finney, and Stanley Matthews. Jimmy doesn't get goals — not very often anyhow — but neither did Matthews.

Give Jimmy the obvious ball from defence and he will mount a Norwich attack gradually. Snap one at him when the opposition are on the retreat and defenders will be pulling out prayer mats to save themselves.

If Norwich have a bad day you can guarantee that the former Spurs winger will be in the press punishment block with the majority. That's because his responsibility is to create, but if his finesse on the flanks is given nothing to work with, he might as well spend his day in the deck chair.

Reviewing Jimmy's past, it's obvious that his current spell at Carrow Road is the most settled period of his soccer career, even though he has a League Cup winners medal in the top drawer at home from his development days at White Hart Lane.

There was a time in Jimmy's younger days when you would have had to strand him on some desert island to keep him away from the North London academy of soccer. Every lad who watches his team from the terraces dreams one day he will line up to play for the club.



That is precisely what happened to the kid from Chingford. "I was on those terraces first as a wide-eyed eight year old. I grew up with Spurs, joined the apprentices straight from school and was at Wembley with them when they beat Villa 2-0."

Naturally, White Hart Lane was the only place Jimmy wanted to be. His heart was buried in the club and nothing else mattered. In the company of Martin Chivers and Martin Peters, the wing skills of the dedicated Tottenham man helped Spurs have a successful 1970-71 season.

The only regret I have about establishing myself, firstly under Bill Nicholson and later with Terry Neill, was the fact that my claims on a first team spot were improved because of the terrible luck Roger Morgan suffered. He was a big friend at the time, and still is, but he got a knee problem, which eventually forced an early retirement, and I became the regular winger."

Jimmy strung together 104 League games for Spurs before the big break came along — severing an association that had been gradually built up from behind the crush barriers as a schoolkid to First Division playing standards over nearly 15 years. Keith Burkinshaw had his own ideas when he took over from Terry Neill in 1976 and Jimmy remembers playing seven or eight games before the break had to be made.

"I was sick to have to leave Spurs after all those years and it was a situation that arose at a very difficult time because my wife was expecting our first youngster. In fact the baby came along two nights before I actually signed for Norwich. When I look back, however, I realise that the decision to join life in Norfolk was the best one I have ever made."

"Perhaps it did not appear that way to start with because of our domestic problems and life in a strange hotel. But all that's behind me now, I just wish it had all happened that much earlier for me."

Next time you watch Jimmy Neighbour, watch him closely, and you will see that, the opposition knock him off balance to beat him. He has to take a lot of knocks — "but they are not the serious kind to keep me inactive."

Quite recently Ron Greenwood called on Jimmy to help out in a testimonial match for Trevor Brooking. Had the demand for wingers in the England squad been around a few years back like they are today, Jimmy Neighbour, if he had got to Norwich earlier, would certainly have qualified to list alongside the names of Peter Barnes and Steve Coppell.

"One must accept that such recognition has now passed me by" admits this friendly Neighbour. "It doesn't worry me, I'm only too happy to be part of the same team helping to keep Norwich on the map and I shall be doing my best to beat my old side today, and also looking forward to a chat with Steve Perryman and one or two other good pals."

NORTON JONES

# CAPITAL

I "signed" for the London Branch less than a week after my brother Jimmy Neighbour signed for the Canaries, as, after a breathtaking mid-week victory at Q.P.R., early in October 1976, my parents and I were approached by a tall, dark stranger who began bandying words like 'APFSCIL' and 'London Branch' about. Norwich City with a London Branch? What the hell is Aps... Aps... APFSCIL? Who is this man? The man introduced himself as 'Greg' Peck, which still didn't lighten my confusion, but then he said two words that made me warm to his friendly patter — Cheap Travel! "What's the catch?", says I, treating whasisname like a travelling salesman with his foot firmly stuck in my door.

As it happens — you've guessed — there was no 'catch', and it was then that I began to enjoy the benefits of the NCSC — London Branch. I started to travel with the club to away games, as I usually make my own way to Norwich, and began to get to know the regular 'Canary Cranks', including er ... whasisname. Then I took part in a quiz or two and the occasional game of darts, and usually a meeting with other APFSCIL supporters on a Saturday night to either drown your sorrows or celebrate.

All in all, win, draw, or lose, everyone who travels with the London Branch enjoys a good day out in each others company, and personally, besides being able to watch 'The Magician' every week, I have grown a very fond attachment to a friendly club and its players and supporters, which will last far longer than Jimmy's reign in our No. 7 shirt.

Finally, to return to the beginning, I thank whasisname ... oh yes, Greg Peck and the rest for making themselves known to me.

RON NEIGHBOUR



Love thy Neighbour!  
Ron Neighbour meets Pele



GERRY HARRISON, Anglia Television's Match of the Week commentator, looks at some of the current experiments and changes in soccer law.

Talking recently to as varied sporting personalities as Sir Stanley Rous, former President of FIFA, and John Lever, the England and Essex cricketer, it was brought home to me how strong and solid are the laws of football. John Lever for instance was not at all enthusiastic about tinkering around with the laws of his game and felt that the public had already been confused enough by bonus points, popping creases and lbw changes.

Sir Stanley, when he was secretary of the Football Association re-wrote the laws of football in the 1930's and they have largely remained the same. Although he is a very positive thinker he doesn't believe there is too much wrong with the game at the moment but is always interested in any useful experiments. One well known innovation is of course the 35 yd. line used in American League Soccer. Players cannot be offside on the goal side of the line. The effect on the game has been to stretch the play out. Forwards don't have to come back as far. Defenders cannot push up quite so much to leave dead ground behind them. The strain under this system is on midfield players who have very much more ground to cover shuttling backwards and forwards.

Another interesting experiment started this season in West Germany where, under FIFA authorisation, all amateur matches are using a Temporary Expulsion' rule in an effort to improve discipline and discourage bad sportmanship. Sometimes, a caution is too light a punishment, definitive sending off too heavy. This idea — the sin-bin technique — is the inbetween.

# RULES OK



Some of the clauses and principles of the law include:

1. A player can be sent off for a period of ten minutes, whether or not he has already been cautioned.
2. A caution cannot be given after a temporary sending-off.
3. A player sent off temporarily cannot be replaced by a sub until the time of his expulsion is over.

Implementation:

1. The referee must make a temporary expulsion clear to everyone on the field — orally and by the signal of lifting one arm and twice stretching out all five fingers.
2. Any player sent off temporarily must stay behind the touchline. Standing behind the goal line is not allowed. The way the rule is being used ... When a player who has already been cautioned ... runs away with the ball under his arm; kicks the ball away after a free kick has been awarded; violent dissent. But players are liable to be sent off temporarily without being cautioned first if they ... spoil a promising attack by handling the ball; pull an opponent down in the penalty area.

And an extract from the DFB guidance pamphlet, published recently in FIFA News, reads: "... a player pushed an opponent lightly with both hands against his chest — and the opponent falls to the ground screaming. Here both players should be sent off for 10 minutes." And as a final footnote they add: "The possibility of temporary expulsion should not however lead to referees being criticised even more than before."

There's nothing like being optimistic!

Today's game should have high marks for star quality and content, but if it only matches the classic between the sides almost 20 years ago we will guarantee no one will go away disappointed.

Norwich tackle Spurs in a League fixture this afternoon but in 1959 the situation was embellished in all the magic that the F.A. Cup is capable of producing, and it was a time in City history that thousands of devoted Norfolk football fans will never forget.

City had set the country alight with their outstanding progress, under the guidance of manager Archie Macauley, which exploded, when the Canaries slammed the might of Manchester United, to fire a warning that the Carrow Road gladiators were on the march as the Giant Killers every team feared.

Our expert down Memory Lane, Mr. Walter Wiseman, remembers well one particular segment of that heroic path that carried the Canaries to within one step of Wembley, a proud trail carved out by the no-hopers from the Third Division who left behind them a path strewn with remnants of teams with far greater reputations than little Norwich.

The luck of the fifth round paired City with Spurs and because Norwich had captured the imagination of the nation, a packed crowd of some 67,633 filled White Hart Lane, most of them Cockerel followers there to witness the execution of the Macauley marvels.

Now let Mr. Wiseman take up the story of a great afternoon which printed an important chapter in City's legendary Cup run.

"The double cup game during the Archie Macauley reign of 1959 against Spurs must rank as the most exciting

# BACK-TRACK

NORWICH CITY v TOTTENHAM 1959

encounters between the two clubs in recent years — remember City were then a Third Division outfit and Tottenham were in the top flight."

"The first match was played on Saturday, February 14th, at White Hart Lane, when I, in company with some 20,000 other City supporters, joined to form a massive crowd to witness a tremendous battle played on a patch that resembled a sandy beach polluted with oil."

"City almost pulled off another major shock-of-the-day-result, leading by a 64th minute goal from Terry Allcock until, in the dying moments, Cliff Jones, Spurs Welsh international winger, scored an equaliser, somewhat luckily, off Barry Butler's leg.

The teams lines up: CITY: Nethercott, Thurlow, Ashman, McCrohan, Butler, Crowe, Crossan, Allcock, Bly, Hill, Brennan.

SPURS: Hollowbread, Baker, Hopkins, Dodge, Norman, Iley, Brooks, Harmer, Smith, Dunmore, Jones.

"The Londoners made three changes for the replay, bringing in Terry Medwin, Danny Blanchflower and Clayton, for Brooks, Harmer and Dunmore. The atmosphere at Carrow Road was electric and watched by a capacity crowd of 38,000. The ex-Canary defender, Maurice Norman was quoted as saying that "there would be no shocks this time!" However, there was, and it was Spurs who suffered them."

"Once again Norwich took the lead, at about the same time as in the first game. Legend has it, that the roar from the crowd could be heard at Aclie! Mind you, the wind was in the right direction!"

"The move that sprang the goal appeared to emanate from a perfect pass from Ashman into the path of Terry Bly, who made no mistake. Ashman admitted later that he had



RON ASHMAN

meant to pass the ball to Bobby Brennan on the left but the ball bobbed, hit his shin, and went straight to Bly — so in the end justice was done and City marched into round six."

"Not even the inclusion of Danny Blanchflower could deny the Canaries a victory so richly deserved. It is too much to hope that today's encounter will also prove to be something special for the supporters to recall twenty years from now?"

That remains to be seen Mr. Wiseman, but though City's dream run came to an end with Luton's solitary goal in the replay at St. Andrews, they did win "the Cup that year". The trophy a proud Canaries captain Ron Ashman was handed was the Sunday Pictorial Giant Killers Cup — we wonder just where that trophy is today!

The so near, yet so far, Cup trail brought plenty of tributes for City's manager who was a proud figure in only his second season at Carrow Road. Archie Macauley said at the start of the next campaign "I'm not making any prediction, but I'll go on record as saying that I think we have the players at Carrow Road capable of giving Norwich City's supporters the prize they have been dreaming about since the war. No, not Wembley, but a return to the Second Division."

Nine months later Norwich got promotion — the Combination side finished second in their table and the youngsters won the East Anglian League. A successful sweep built on the foundation of the previous seasons Cup inspiration and which Archie Macauley succinctly described as "Poverty to Promotion in three seasons."

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A place where you can sit and chat without being deafened, or dance and drink till 2 in the discotheque, or watch the latest in floor shows or cabarets.

The atmosphere is plush and inviting with an air of yesterday.

The membership will enable you to walk in free, drink in two intimate cocktail bars, one for mixes, one with draught beer.

Why not try out Buffet Lunches served daily from 12 noon till 3 p.m., Monday to Saturday?



# CALENDAR

Date	V	Opponents	F A	Attendance
Aug. 19	H	SOUTHAMPTON	3 - 1	21,133
Aug. 22	A	Bristol City	1 - 1	19,274
Aug. 26	A	Coventry City	1 - 4	20,452
Aug. 29	A	Wrexham (LC 2)	3 - 1	12,428
Sept. 2	H	MANCHESTER CITY	1 - 1	18,607
Sept. 9	A	West Bromwich Albion	2 - 2	21,947
Sept. 16	H	BIRMINGHAM CITY	4 - 0	16,407
Sept. 23	A	Bolton Wanderers	2 - 3	19,901
Sept. 30	H	DERBY COUNTY	3 - 0	16,585
Oct. 4	A	Chester (LC 3)	2 - 0	8,749
Oct. 7	H	LIVERPOOL	1 - 4	25,632
Oct. 14	A	Middlesbrough	0 - 2	18,203
Oct. 21	H	LEEDS UNITED	2 - 2	19,981
Oct. 28	A	Chelsea	3 - 3	23,931
Nov. 4	H	TOTTENHAM HOTSPUR	2-2	
Nov. 8	H	MANCHESTER CITY (LC 4)	1-3	
Nov. 11	A	Southampton	2-2	
Nov. 18	H	COVENTRY CITY	1-0	
Nov. 21	A	Manchester City		
Nov. 25	H	EVERTON (1)		
Dec. 2	A	Manchester United		
Dec. 9	H	ARSENAL		
Dec. 13		League Cup 5		
Dec. 16	A	Aston Villa (2)		
Dec. 23	H	QUEENS PARK RANGERS		
Dec. 26	A	Ipswich		
Dec. 30	A	Nottingham Forest		
Jan. 1	H	WOLVERHAMPTON		
Jan. 6		F.A. Cup (3)		
Jan. 13	H	WEST BROMWICH ALBION		
Jan. 17		League Cup S.F.		
Jan. 20	A	Birmingham City		
Jan. 24		League Cup S.F.		
Jan. 27		F.A. Cup 4		
Feb. 3	H	BOLTON WANDERERS		
Feb. 10	A	Derby County		
Feb. 17	A	Liverpool (5)		
Feb. 24	H	MIDDLESBROUGH		
Mar. 3	A	Leeds United		
Mar. 10	H	CHELSEA (6)		
Mar. 17	A	Tottenham Hotspur (LCF)		
Mar. 24	H	BRISTOL CITY		
Mar. 31	A	Everton (S.F.)		
April 7	H	MANCHESTER UNITED		
April 13	A	Queens Park Rangers		
April 14	H	IPSWICH TOWN		
April 16	A	Wolverhampton		
April 17				
April 21	H	ASTON VILLA		
April 28	A	Arsenal		
May 5	H	NOTTINGHAM FOREST		
May 12		F.A. Cup Final		

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## APPEARANCES

First Team	App	Gls	Sub
Baker	2	—	—
Bond	14	—	—
Chivers	8	4	—
Davies	2	—	4
Downs	2	—	1
Evans	—	—	1
Hoadley	14	—	—
Keelan	12	—	—
Lythgoe	—	—	1
Mendham	2	—	1
McGuire	—	—	1
Neighbour	14	—	—
Nightingale	—	—	2
Paddon	1	—	1
Peters	14	4	—
Powell	14	—	—
Reeves	14	5	—
Robb	4	1	—
Robson	11	3	1
Ryan	14	10	—
Sullivan	12	—	—
Symonds	1	—	—
Own Goal	—	1	—

Up to and inc. 28th Oct.



Richard Symonds —  
League debut against  
Chelsea last week.

## RESERVE CALENDAR

Aug. 23	H	OXFORD UNITED	2 - 4
Aug. 26	H	PLYMOUTH ARGYLE	2 - 0
Sept. 2	A	Leicester City	2 - 1
Sept. 6	A	Cardiff City	1 - 0
Sept. 9	H	BIRMINGHAM CITY	1 - 0
Sept. 16	A	Bristol Rovers	1 - 1
Sept. 20	H	HEREFORD UNITED	6 - 0
Sept. 23	H	LUTON TOWN	6 - 0
Oct. 4			
Oct. 7	A	Ipswich Town	1 - 1
Oct. 14	H	SWINDON TOWN	4 - 0
Oct. 21	A	Chelsea	4 - 1
Oct. 28	H	ORIENT	2 - 0
Nov. 4	A	Tottenham	1-2
Nov. 8			
Nov. 11	H	CARDIFF CITY	
Nov. 18	A	Plymouth Argyle	
Nov. 22	H	LEICESTER CITY	
Nov. 25	A	Southampton	
Dec. 2	H	BRISTOL CITY	
Dec. 9	A	Reading	
Dec. 13			
Dec. 16	H	QUEENS PARK R.	
Dec. 19	A	Arsenal	
Dec. 30	H	FULHAM	
Jan. 3	A	Crystal Palace	
Jan. 6			
Jan. 13	A	Birmingham City	
Jan. 17			
Jan. 20	H	BRISTOL ROVERS	
Jan. 24			
Jan. 27			
Feb. 3	A	Luton Town	
Feb. 10	A	Hereford United	
Feb. 17	H	IPSWICH TOWN	
Feb. 24	A	Swindon Town	
Mar. 3	H	CHELSEA	
Mar. 10	A	Orient	
Mar. 17	H	TOTTENHAM	
Mar. 20	A	West Ham United	
Mar. 24	A	Oxford United	
Mar. 31	H	SOUTHAMPTON	
April 7	A	Bristol City	
April 11	H	CRYSTAL PALACE	
April 18	H	WEST HAM UNITED	
April 21	A	Queens Park Rangers	
April 25	H	ARSENAL	
April 28	H	READING	
May 5	A	Fulham	
May 12			

## DIVISION ONE AND TWO TABLES

Division One	P	W	D	L	F	A	W	Away	D	L	F	A	Pts
Liverpool	12	6	0	0	20	1	4	1	1	15	4	21	
Everton	12	5	1	0	8	1	2	4	0	7	5	19	
Nottingham Forest	12	3	3	0	9	5	2	4	0	6	3	17	
W.B.A.	12	3	2	1	16	6	3	2	1	11	7	16	
Manchester City	12	3	2	1	11	7	2	3	1	10	7	15	
Manchester United	12	3	2	1	8	7	2	3	1	11	11	15	
Arsenal	12	3	3	0	11	5	2	1	3	8	8	14	
Coventry	12	3	3	0	11	6	2	1	3	6	12	14	
Tottenham	12	3	2	1	8	7	2	2	2	6	13	14	
Aston Villa	12	1	3	2	6	8	3	1	2	8	4	12	
Bristol City	12	2	2	2	9	10	3	0	3	6	6	12	
Leeds United	12	3	0	3	14	8	1	3	2	8	10	11	
Norwich	12	3	2	1	14	8	0	3	3	9	15	11	
Middlesbrough	12	2	1	3	7	7	2	1	3	10	10	10	
Ipswich	12	2	0	4	5	8	2	2	2	8	7	10	
Q.P.R.	12	2	3	1	4	3	1	1	4	6	11	10	
Southampton	12	2	3	1	9	8	0	2	4	4	10	9	
Bolton	12	3	2	1	13	10	0	1	5	5	16	9	
Derby County	12	3	2	1	9	8	0	1	5	3	17	9	
Chelsea	12	1	1	4	9	17	1	2	3	6	9	7	
Wolves	12	3	0	3	7	8	0	0	6	3	14	6	
Birmingham	12	0	2	4	4	11	0	1	5	3	13	3	

Division Two	P	W	D	L	F	A	W	Away	D	L	F	A	Pts
Stoke City	12	4	2	0	12	5	3	2	1	5	4	18	
Crystal Palace	12	3	2	1	9	5	3	3	0	10	4	17	
Fulham	12	4	1	1	10	4	3	1	2	6	7	16	
West Ham	12	4	1	1	13	4	2	2	2	11	9	15	
Charlton	12	2	3	1	10	6	3	1	2	8	6	14	
Bristol Rovers	12	6	0	0	17	6	0	2	4	3	11	14	
Burnley	12	4	1	1	12	7	1	3	2	6	10	14	
Newcastle	12	4	1	1	8	4	1	3	2	5	8	14	
Sunderland	12	4	2	0	11	6	1	2	3	5	10	14	
Luton	12	5	1	0	25	4	0	2	4	4	10	13	
Notts County	12	3	2	1	8	6	2	1	3	8	16	13	
Brighton	12	4	0	2	12	5	1	2	3	8	13	12	
Wrexham	12	1	4	1	3	2	2	2	2	6	6	12	
Sheffield United	12	3	1	2	13	9	1	2	3	5	9	11	
Orient	12	2	1	3	8	7	2	1	3	5	7	10	
Cambridge United	12	1	3	2	3	4	1	3	2	5	6	10	
Cardiff	12	3	1	2	9	8	1	1	4	7	19	10	
Leicester	12	1	2	3	5	7	1	3	2	4	5	9	
Oldham	12	2	3	1	8	6	1	0	5	6	14	9	
Blackburn	12	1	4	1	7	5	1	0	5	5	15	8	
Preston	12	1	3	2	10	9	0	1	5	7	18	6	
Millwall	12	1	1	4	4	13	0	2	4	3	10	5	

## MATCH FACTS, TEAMS AND GOALSCORERS...

### FOOTBALL LEAGUE DIVISION ONE

**Norwich City 2 Leeds United 2 — Saturday 21st October, 1978**

*Team:* Keelan, Bond, Davies, Ryan, Hoadley, Powell, Neighbour, Reeves, Downs, Mendham, Peters.

*Substitute:* Robson.

*Goalscorers:* Ryan, Peters.

**Chelsea 3 Norwich City 3 — Saturday 28th October, 1978**

*Team:* Keelan, Bond, Davies, Ryan, Hoadley, Powell, Neighbour, Reeves, Symonds, Mendham, Peters.

*Substitute:* Downs.

*Goalscorers:* Peters (2), Ryan.

### EAST ANGLIAN CUP ROUND ONE

**Norwich City 3 Brantham Athletic 0 — Wednesday 18th October, 1978**

*Team:* Baker, Symonds, Pownall, Halsey, Forbes, Carter, Nightingale, Fashanu, Robson, Paddon, Bennett.

*Substitute:* M. Barham for Nightingale.

*Goalscorers:* Robson (2), Halsey.

### FOOTBALL COMBINATION

**Chelsea 1 Norwich City 4 — Saturday 21st October, 1978**

*Team:* Hansbury, Symonds, Sullivan, Halsey, Carter, Fleeting, Evans, Fashanu, Robb, Paddon, Bennett.

*Substitute:* Vassallo.

*Goalscorers:* Fashanu (2), Evans, Paddon

**Norwich City 2 Orient 0 — Saturday 28th October, 1978**

*Team:* Hansbury, Carter, Sullivan, Nightingale, Forbes, Fleeting, Evans, Halsey, Robb, Paddon, Bennett.

*Substitute:* McGuire for Nightingale.

*Goalscorers:* Evans, Halsey.

### SOUTH EAST COUNTIES LEAGUE CUP ROUND TWO

**Norwich City 1 West Ham United 2 — Saturday 28th October 1978**

*Team:* Dickerson, Robertson, Pownall, Hart, Webb, Harris, M. Barham, Fashanu, Butcher, Morton, Harrowing.

*Substitutes:* Taylor and Jackson.

*Goalscorer:* Butcher.

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## KB'S CLUB PAGE



### BEAUTIFUL BARCLAY CHANTERS

Once again the Barclay boys take the honours this week. Starting with Martin Peters Testimonial game you were really and truly magnificent and it was carried over to our game with Leeds. I know they had plenty to chant about in Martin Peters game and the quality of the football that was played by both sides, and the follow up with the Leeds game despite aggravation from officials they did what was requested and that was to chant, and not abuse supporters and officials

alike. As you well know, in the Martin Peters game, I played for the last 20 minutes and believe me you can really hear your calls and praise when you are on the field of play and it really does boost the players moral. I had numerous letters in praise of the attempts we are all making to stamp out hooliganism and you in the Barclay End can more than do your part by carrying on as you have been doing for the last couple of games.

Reliance 'Player of the Month' award approaches and the award itself will be given when we play Manchester City next Wednesday. There are no prizes for guessing who the winner this month is, as everybody would agree it can only

go to one person, namely Martin Peters, and he will be collecting his prize at 7.30 p.m. then, where I am sure Malcolm Notley and a Director from Norwich City will be presenting the award.

Finally today's game bring Spurs once again to our ground and everybody will be waiting to see the Argentinian duo of Ardiles and Villa. I had the opportunity of watching them at Tottenham last week-end and on the day are quite a force to be reckoned with. I know all attention is at present on the two Argentinians but for me Glen Hoddle and the lightning runs of Peter Taylor on the wing are things to look for at today's game.

Sing up the Barclay!

# MAC'S PAGE

## TWEET TOPS . . .

Have you seen the smart new hooded tops being worn by the Canary Magazine sellers and ball boys at today's match? These exclusive Tweet Tops are now available to all supporters and Tweet fans. As well as hooded tops there are T Shirts and large posters also available featuring the popular Tweet character. The yellow hooded tops are made of 100 per cent polyester, have a green arm stripe, cuffs and waistband, a drawstring hood and a pouch pocket on the front. The Tweet emblems are optional and just plain tops can be supplied. The yellow T Shirts have a green trim around the neck and sleeves. These can also be supplied with or without Tweet.



## TWEET SHOP PRICES . . .

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30-32 £7.40	30-32 £2.40
34-36 £7.90	34-36 £2.80
38-40 £7.90	38-40 £2.80
42-44 £7.90	42-44 £2.80

Please specify plain or Tweet tops when ordering goods.

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ALL PRICES INCLUDE POSTAGE AND PACKAGING.

Postal orders and cheques should be made payable to: The Tweet Shop and addressed to Norwich City FC Promotions, Carrow Road, Norwich.

## CHRISTMAS TANKARDS . . .



There has been quite a demand for the Norwich City Glass Tankards that we featured in the Canary Magazine for our last home game. Until now these tankards have only been available as a gift to our match sponsors but we now have a limited number to offer to our supporters. The tankards, which are engraved with the Norwich City official badge, can also have added your initials or those of a friend or relative. The price of the tankard is £6.50 and individual initials cost 50p each to be engraved.

Post and packaging is a further £1.00. Supporters requiring these tankards should send a cheque (made payable to Norwich City Promotions) to the Promotions Office, Carrow Road, not forgetting to write the initials you require engraved on the tankard clearly on a separate piece of paper. Please allow 28 days for delivery. These tankards will make ideal Christmas presents for dad or a brother so get your order off straight away.

**LOWESTOFT SUPPORTERS . . .**  
I made a very worthwhile visit to Lowestoft on Thursday, 19th October, along with Stan Springall of Norwich City Supporters' Club and Mike Garrard, Chairman of Capital Canaries. Our visit was to meet a number of Lowestoft supporters who wish to form an official branch of the Norwich City Supporters' Club. Over 40 people attended the initial meeting at which Keith Rudder was elected Chairman of the Club's first committee. The Club intends organising coach excursions to away matches as well as a number of social evenings and fundraising events. The next meeting is scheduled for 7.30 p.m. on Tuesday, 14th November at the Clapham Hotel. Keith and his members will be pleased to see any supporters who would like to go along.

**TWO MORE SMILING FACES . . .**  
We have had two more £1,000 winners on the Norwich City Football Club weekly instant lottery. Congratulations to Mrs. M. Buxton of 5 Cambourne Close, Woodhill Rise, Norwich and Mrs. D. Horstead of 87 Motum Road, Norwich. I have always said that one of the exciting parts of my job is to present the £1,000 cheque to our jackpot winner.

**FIAT ANORAKS . . .**  
Two more winners. This time for the superb Fiat Anoraks presented by the Pointer Motor Company, the main Fiat distributors in Norfolk. Our winners were: Mr. C. J. Barker, 56 College Road, Norwich and Mr. R. W. Jeary, 12 St. Davids Close, Long Stratton. Congratulations, gentlemen. The anoraks will be presented to you during the course of the next week.

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## BAND BOYS . . .

For your pre-match and half-time entertainment this afternoon we welcome the Norwich Boys Brigade Band. The lads will be making a big effort to get Canary fans in tune for the game and will be playing many popular selections for your enjoyment.

## GATE GAME . . .

No claim yet for the Gate Game v Leeds United. There's £5 waiting in the Promotions Office for the holder of the Leeds issue Canary Magazine showing the attendance figure of 19,981, and if the prize is not claimed by 5 p. m. this afternoon it will be added to today's gate game, making a total of £10 to be won.

Our thanks to the Gate Game winner of the Liverpool match who generously donated his cash prize to the Charlie Hopkins Appeal Fund. Charlie was the young CNSOBU goalkeeper seriously injured in a match recently and a cheque for £10 has been sent to the Appeal Fund Treasurer, Mr. C. H. Phillips of 'Kanoni', Lower Street, Salhouse, Norwich, on behalf of the Gate Game winner who wishes to remain anonymous.

## FIXTURE CHANGE . . .

Please note that the Football Combination match against Arsenal at Highbury due to be played on 23rd December has now been switched to 19th December.

**See the goals and the action every Sunday afternoon**

## CROWD PICTURE RESULT . . .

The Superfans Crowd picture, recently featured as a competition in the Canary Magazine v Liverpool, certainly had the judges double-checking on all the entries. It was thought at first that the picture was taken at Carrow Road, but research showed that, in fact, the crowd scene was at The Nest! The picture was dated April 1934 and unfortunately there were no correct entries received. The nearest entry to the correct year was sent in by Alan Martin of 32 Gosford Road, Beccles, Suffolk, NR34 9QP who named the right venue but listed the year as 1935. That's close enough for us Alan and two tickets are on their way for Wednesday's League Cup match against Manchester City.

## NORMAL ISSUE . . .

A normal 24 page issue of the Canary Magazine will be on sale for our League Cup game against Tony Book's Maine Road Men on Wednesday. Look out for the Canary Sellers in their bright new Tweet Tops.



**ANGLIA  
TELEVISION**

Norwich City's Football Combination squad continue to enjoy the good life and, on the day that Carrow Road welcomes Spurs for this season's First Division duel, Mel Machin's winners travel in the opposite direction for their biggest test so far.

Tottenham's second XI are currently Combination leaders but the way the Canaries are racing through their work, stoking up their individual challenges for a first team spot, they have nothing to fear. In fact, rumours have it that friendly wagers have been flying around all week in training that the reserves will do better than the first team against Tottenham.

No one can fault the outstanding record of the Combination team who, since their opening day reverse against Oxford have strung together another eleven league fixtures without defeat, a trail of goals and points that are attracting the fans to Carrow Road when the first team are miles away.

With John Bond claiming four of the Machin regulars, Richard Symonds, Ian Davies, Paul Mendham and Greg Downs for last week's Chelsea fixture, the most recent reserve team line up had something of a new look — but once again the result had a familiar ring to it.

It was a 2-0 crunch for Orient, the ninth win in the first dozen games but owing to the particular situation of last Saturday, the performance level was "down a little bit on previous displays" revealed guvnor Machin.

"We operated on a 4-4-2 basis, a system normally reserved for away games, but used against Orient because of the particular players in the team. Graham Paddon, David Bennett and Colin Sullivan gave us a strong left sided influence and we couldn't quite balance it up. Whenever this formation is played it is essential for midfield men to get up extra swiftly to support the two front runners."

"That was done to great effect when we hammered Chelsea 4-1 at Stamford Bridge when Justin Fashanu (who got two of the four goals) and Davie Robb were triggered into great games by such a service."

The Orient game was an important time for the unlucky Mick McGuire who has been sidelined for most of the time since his arrival from a summer season in American soccer by injury. Mick was called in from sub in the League game at West Bromwich Albion, when Keith Robson took a painful crack on the chin, eight weeks ago and his half hour workout against Orient was the first taste of competitive soccer since that afternoon.

# COACH



# LINE-UPS

JOHN SAINTY AND MEL MACHIN

"Mick has been troubled with a muscle strain in the thigh which he seemed to pick up in the match against Albion and it was nice to see him back. When he really gets cracking I shall expect to see him taking up more forward attacking positions for a few goals."

By an unfortunate coincidence, two fast developing individuals in Mel's side, Steve Goble and Peter Mountford, have also been K.O'd by the same injury suffered by Mick. "They are both fair prospects for first team football this season, but like Mick, they have this problem with, what we describe as the kicking muscle, and, despite daily treatment, it's not moving easily."

"I hope it does disappear quickly, now, and permanently, because both Steve and Peter, along with Justin, are certainly approaching the point where they will next be knocking on that First Division door," added Mel this week.

## CANARY KID

No one does it better, at the moment, than Martin Peters when it comes to breaking through from mid-field to score goals. But in the reserves the best name for the same game appears to be Mark Halsey, a four goal striker from behind the attack for the Combination squad.

A Swaffham teenager who joined Carrow Road from school, Mark has progressed through his soccer educational course in the youth side to be established as an important member of the Combination side.

"Mark is a highly productive midfielder player who moves forward instinctively to pick up valuable goals. Yet I would have no fears if I was ever short of a full back or a man for a specific defensive job" the reserve's boss told the Canary.

Already Halsey appears to be stitching together another progressive term with Norwich, and it was unfortunate that his reward of a first team debut at the end of last season at Newcastle, for outstanding games in the reserves, resulted in him being sent off. This tenacious midfielder ball winner now wants an opportunity to prove that he has learned from such a disaster and is all the better for it.



# SCORES...

A Arsenal v Ipswich Town  
B Aston Villa v Man. City  
C Bolton v Coventry City  
D Derby County v Wolves  
E Liverpool v Leeds United  
F Man. Utd. v Southampton  
G Middlesbrough v Bristol City  
H Notts Forest v Everton  
I Q.P.R. v Chelsea  
J W.B.A. v Birmingham  
K Bristol Rovers v Newcastle  
L Burnley v Crystal Palace  
M Cambridge v Orient  
N Cardiff v Charlton  
O Luton v Leicester  
P Millwall v Oldham  
Q Sheffield Utd. v Brighton  
R Sunderland v Stoke City  
S West Ham v Preston  
T Wrexham v Notts County  
U Hull City v Watford  
V Peterborough v Bury  
W Shrewsbury v Carlisle  
X Gillingham v Swansea  
Y Bournemouth v Torquay  
Z Barnsley v Wimbledon



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# IT'S SENSE...

Football is for all the family and that is the theme behind the first of a series of short articles penned for the Canary by Mrs. Jean Muchlinski, a Norwich lady and one of the many hundreds of the fair sex who follow the club's fortunes through thick and thin.

Jean's opening observations are sensible and it is, perhaps, only a matter of time and money before they are implemented at Carrow Road as they are taking shape at other venues.

"It makes sense... that a reasonable way to draw greater crowds is to provide better facilities for FAMILIES."

"This could easily be done by reserving part of the proposed new River End Stand for Families Only (what about a section for harassed Dads who want a break from the kids?) so that parents and children can sit perfectly at ease cheering on their team, without the thoughts of soccer hooligans destroying their Saturday afternoon entertainment."

"I believe that it is essential to capture the interests of whole families back into English football just as the Americans make their matches family occasions."

"If this happened at Norwich it would provide a two-fold beneficial effect. Firstly, there would be greater attendances and secondly there would be a much better atmosphere in the River End."

"So come on Norwich City, make sure you attract families by providing the covered seating arrangements they need and everyone will benefit from the results."

"If you have any suggestions to make about Family Membership, etc., please contact me... Mrs. J. Muchlinski, 59 Cecil Rd., Norwich NR1 2OV."

The Canary replies "No doubt, madam, your thoughts and views have already been discussed by the club. Provision for families is something all grounds should have and there is a big campaign going on right now, in this respect, at Leicester."

"Setting up such facilities will be expensive and there is no guarantee the number of family groups attending would make it financially successful. Would it not be better to aim for a row of the luxury boxes for the big business people? Certainly if the football was First Division class, they could always be counted on to have the cash to spend in order to attend."

# CLINIC

Continuing with the treatment of the more common injuries occurring in football, this week I have chosen to deal with an injury to the ankle joint.

Probably the commonest single injury in sport is a sprain of the lateral ligament of the ankle (the ligament on the outside of the ankle underneath the ankle bone).

The lateral ligament of the ankle is usually injured as a result of an "inversion strain". The ankle turns over in an inward direction and the full bodyweight stretches the ligament. This means that the extent of the injury may vary from a stretching of the ligament to the tearing of a few fibres or, in the more serious cases, to what is known as an "avulsion" of the ligament from the ankle sometimes tearing off with it a flake of bone.

If a fracture is suspected then X-rays must be taken and if the joint is not responding to treatment in 2-3 weeks then X-rays should be definitely taken. By using what we call a Stress X-ray rupture of the ligament can be detected by examining the bone formation of the foot. In our particular case the injury is an overstretching of the ligament. The immediate result of the injury is a painful, bruised and swollen ankle. Walking will be painful and there is localised tenderness just in front and just below the ankle bone.

The immediate treatment of this injury is as follows:

1. Ice packs (crushed ice in towels) around the painful area for 15-20 minutes making sure the ice does not come into contact with the skin. This helps "numb" the pain and limits further swelling.
2. A firm compression bandage applied evenly in a figure of eight formation provides pressure which helps prevent some swelling and also gives support.
3. Elevation of foot so that ankle is above the level of the heart allows gravity to assist in drainage of fluid.
4. The provision of crutches will prevent the likelihood of any further damage to the part.

The patient will present, over the next 24-48 hours, with a bruised swollen ankle with a limited range of movement and a noticeable limp when walking.

Treatment will continue as follows: Contrast baths may be used; they stimulate the removal of swelling and lend themselves very effectively to treatment of the ankle. They involve the use of two buckets — one filled with water as hot as the individual can stand and one as cold (with ice) as he can tolerate. He dips the foot into one bucket until the sensation of hot or cold can no longer be felt and then transfers it to the other. When this sensation is no longer felt he alternates again continuing for 5-10 minutes.

Early exercises are best performed in the lying position with legs elevated and well supported. They will consist of:

1. Circling the feet
2. Pushing toes away from the body and back towards the body

3. From there to sitting in a chair, feet flat on the floor spreading toes apart as far as possible
4. Sitting, alternate heel raising
5. Standing, alternate heel raising — walking on the spot
6. Raising both heels and standing on toes
7. Standing on injured leg only and raising heel
8. Hopping on good leg, hopping on injured leg

In order to eradicate the limp, you should practise walking with normal gait "heel, toe, heel, toe" in a straight line.

Remember pain is your guide as to how fast you progress. When you can do the above exercises without pain you may move on to running.

9. Jogging on grass
10. Normal stride pattern running
11. Striding and running on toes (progress gradually the distances you can do)
12. Sprinting in straight lines
13. Sprinting — stopping and starting
14. Sprinting and turning — around obstacles.

When you can do these exercises without pain you are ready to play again. If you are in any doubt at all, consult your doctor or a qualified physiotherapist. News of the sports injuries course — it will start in January 1979 and those interested should write to me, along with any other queries you may have.

DAVE BALDWIN, MCSP, SRP

